

Toilet Training Contract

Little Tree Playschool

Toilet training a child requires a team effort. We would like for us to work as a team to ensure the success of your child's toilet training journey.

We are happy to assist your child in toilet training, if you have begun to successfully train them at home.

Studies at UC Davis show the importance of waiting until your toddler is physiologically, cognitively and emotionally ready.

- 1: Physiological readiness: your child must be able to control their muscle that holds and empties the bladder and the rectum.
- 2: Developmental readiness: your child should be able to get to the toilet on their own, sit down, pull up and down their pants, and be able to communicate with their caregiver the need to use the restroom.
- 3: Emotional readiness: your child may show an interest in toilet training. An example may be that they may let you know when they need a diaper change, or they are able to hold their pee for longer periods of time, or waking up from a nap with a clean diaper.

Our teachers take the children to the restroom at regular intervals throughout the day, (typically every half an hour), and ask them occasionally if they need to go the restroom. We like to encourage them to speak up if they need to go.

Please send your children in appropriate clothing, that is easy for them to remove while they are toileting. Wearing pants and shorts that have elastic waistbands is preferred.

Required supplies:

- 1: At least 2 changes of clothing, including socks and shoes
- 2: Extra Pull Ups
- 3: Lots of extra underwear

Your child will be required to wear a pull up. They are designed to be easy to pull up and down, promoting independence and making it easier for our teachers to help your child as needed.

Pull ups provide a sense of security for your child, allowing them to focus on learning and playing without the fear of accidents.

Your cooperation in providing pull-ups is greatly appreciated and ensures that we can offer a safe and supportive environment for everyone.

We are committed to supporting your child's toilet training journey. This contract outlines the roles and responsibilities of both the school and the parents to ensure a consistent and positive toilet training experience.

We understand that each child progresses in their own time, and we are happy to work with you to support your child's toilet training journey.

Signed: _____

Date: _____